



2025 Military 5K

Runner Guide

Thank you for registering for the Inaugural Military 5K at Foothill College on November 9, 2025! Your participation and the generous support from our community sponsors help the Foothill College Veterans Resource Center (VRC) expand vital services, scholarships, and programming for our military-affiliated students. The VRC is part of Foothill-De Anza Foundation, a 501(c)(3) nonprofit organization. Please consult your tax advisor to determine the extent to which your contribution may be tax deductible.

This exciting community event will be capped at 300 participants to ensure a quality experience for all. Haven't registered yet? Be sure to sign up early to secure your limited-edition 2025 Military 5K swag.

Additional Sources of Information

For information about the Veterans Resource Center, visit our website at:

<https://foothill.edu/veterans/>

For information about the FHDA Foundation, which houses scholarships for our military students, visit: <https://foundation.fhda.edu/>

Email unanswered questions to contactvrc@fhda.edu

Features and Pricing:

The first 300 finishers will receive a medal. Food trucks will be on site.

Before the Race:

Parking

Carpooling is strongly encouraged.

Runner Parking: Access 7:00 AM-7:30 AM in Lot 1. No exit until 11:00 AM. Parking is also available in lot 1H and Lot 7. Early finishers that hope to leave at finish of route should park in Lot 7.

Drop Offs: Runners can be dropped off in Lot 1 near the football field.

Faster Finishers: If you expect to finish early, and hope to leave campus, you will want to park in Lot 7

Please follow event signs and traffic control. Arrive early to help ensure event safety.



Registration and Packet Pick Up

Registration is live at: https://foothill.edu/veterans/fivek_vrc.html

Advance pickup of your bib and t-shirt, Friday November 7th from 1-3:00 PM or Saturday, November 8th from 9:00-11:00 AM in Parking Lot 1 at Foothill College (12345 El Monte Road, Los Altos Hills, CA) .

“Day of Race” Registration and Packet Pickup will open at 7:00 am. We will have two registration areas, one for pre-registered runners and the other for same-day registrations.

For race day registration only credit cards are accepted. You will pick up your bib at one of these stations. Please see the Foothill College site map (on the following page) for directions to the registration area.

T-Shirts

Your registration entitles you to a unique, limited edition 2025 t-shirt. We will have 2025 Foothill College Military 5K t-shirts for the first 200 runners to register. For the best selection, register early. Your runner bib and t-shirt can be picked up at packet pick-up the day before the Run or on Run day, following registration, before your race.

Medals

Your participation will be rewarded with a unique, limited edition 2025 medal.

Free Photos!

Participants and community members will be taking candid, event, and award photos throughout the morning. Photos will be available at no charge to you (Wednesday after the run) to browse and/or download. The online link to the photos will be at

The Race

2025 Foothill College Military 5K

Race Start Time

8:00 AM

Perimeter Road, Foothill College

Traffic

The route will be closed to entering traffic at 7:00.

Medical Information

EMT's will be on site. Additionally, police and security officers will be stationed throughout the route to provide assistance.

Water Stops

Water stops will be available under the bridge, by Parking Lot 5, and at the Stadium.

Rest Room Facilities

Restrooms are available next to the stadium in Parking Lot 1.



FOOTHILL COLLEGE

VETERAN RESOURCE CENTER

REV. WINTER 2025

