

Unit Assessment Report - Four Column

Foothill College SA - Health Services

Mission Statement: The mission of Health & Psychological Services is to strengthen student learning, retention and success. This is facilitated by supporting the physical, emotional, and social well-being of students through accessible, high-quality, health activities and services. Our primary goal is to assist students in establishing healthy lifestyles which will have long-term benefits for them, their families and the community.

Primary Core Mission: Transfer

Secondary Core Mission: Basic Skills

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
<p>SA - Health Services - 1 - Smoking Cessation Services - Student will be aware of the college smoking policy and cessation services.</p> <p>Year(s) to be Assessed: 2010-2011 2011-2012</p> <p>Start Date: 07/01/2011</p> <p>End Date: 06/30/2012</p> <p>SA-SLO Status: Active</p>	<p>Assessment Method: * American College Health Association (ACHA) National College Health Assessment Survey (NCHA) administered Fall 2010 (every 3 yrs) to 139 Postsecondary College campuses (95,712 students).</p> <p>* Foothill College Health Services administered the same survey Spring 2010 (1,102 students). The HSACCC (Health Services Assoc of CCC will apply the ACHA-NCHA in Spring 2013 (every 3 yrs) and will compile consortium data for State-wide statistics on health issues.</p> <p>Assessment Method Type: Survey</p> <p>Target: Increase student awareness of smoking cessation services.</p>	<p>10/13/2011 - Smoking habits extracted from the ACHA-NCHA survey and the FHDA District smoking survey:</p> <p>1) What were the most important findings from your data? #1 FHDA 2011 survey revealed: 87% are aware of the current smoking policy 58% want a 100% smoke free campus 32% were aware of the Smoke Cessation Program 36% encounter second hand smoke regularly on campus 79% are affected by secondhand smoke on the campus 58% believe that a smoke free environment would improve their learning/working environment 76% feel the current policy is not enforced 65% state that needs better signage 58% would like the campus to be 100% smoke free (including parking lots) 3% smoke daily 1% have used e-cigarettes 3% have used tobacco from a water pipe 30% encountered 2nd hand smoke on campus</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2010-2011</p> <p>Resource Request: Necessite: Increased signage on the</p>	<p>10/13/2011 - a) Improved signage on campus, floor signage b) Explore grants with Santa Clara County c) Explore smoke free workplace options with District/campuses with Administration/District d) Continue class presentations and campus orientation e) Continue Student Health 101 Newsletter to all students/staff 2010-11. f) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week g) Continue Smoke Cessation Program (Free one-to-one counseling, free nicotine gum/patches) h) Sponsor speakers on smoking addiction i) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN j) Continue District-wide Non-Smoking Policy Committee k) Work with District Wellness Committee and advocate for</p>

Service Area SLOs (SA-SLOs)	Means of Assessment & Target / Tasks	Assessment Findings/Reflections	Action & Follow-Up
		campus Increased butt receptacles Increased personnel to monitor and enforce the current District Smoking Policy	inclusion of smoke cessation for employees. l) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter Student handbook, FH catalogue. m) Apply for grants when available. n) Continue to monitor citations.
	Assessment Method: The NexGen electronic medical system will be able to collect data on appointments and services utilized for the Smoke Cessation visits. Assessment Method Type: Data Target: Maintain access to smoke cessation services for students.	10/01/2012 - 2011-12 368 Visits (NexGen EMR) Result: Target Met Year This Assessment Occurred: 2012-2013 Resource Request: 1) Signage for announcing AB795 and Smoke Cessation Counselor (half-time), Tables/signage for designated smoking areas on campus, Smoke Cessation Supplies (Nicotine gum and patches) GE/IL-SLO Reflection: 1) Instituting AB 795 for smoking infractions on campus (\$25, \$50, \$75), may deter smoking outside of designated areas 2) Target the expanding programs of International Students, Veterans, Middle College, Foster Care students.	
	Assessment Method: Biennial FHDA Smoking Survey Fall. (Next Survey 2013) Assessment Method Type: Survey	09/21/2012 - New survey data for FHDA Annual Fall 2011 Result: Target Met Year This Assessment Occurred: 2011-2012 Resource Request: Funds for smoke cessation services, supplies, smoke cessation counselor,	09/21/2012 - 1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA 2) Continue District wide Smoking Policy Committee 3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free

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		<p>signage and maps</p> <p>GE/IL-SLO Reflection:</p> <p>1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA</p> <p>2) Continue District wide Smoking Policy Committee</p> <p>3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches.</p> <p>4) Next FHDA Smoking Policy Survey, Fall 2013</p> <p>5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p>	<p>Nicotine gum and patches.</p> <p>4) Next FHDA Smoking Policy Survey, Fall 2013</p> <p>5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> <hr/>
		<p>01/11/2012 - Fall 2011 District FHDA Smoking Survey</p> <p>6,225 respondents (including 600 employees)</p> <p>See attached survey.</p> <p>Result:</p> <p>Target Met</p> <p>Year This Assessment Occurred:</p> <p>2011-2012</p> <p>Resource Request:</p> <p>Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection:</p> <p>1/11/12</p> <p>a) Improve signage on campus, ground signage</p> <p>b) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> <p>c) Continue Student Health 101 on-line newsletter to all students/staff 2011-12.</p> <p>d) Tabling a health/campus fairs; Great American Smoke Out, environmental fair, volunteer fair, Transfer/Career Fair, Welcome Week</p>	<p>03/19/2012 - Below are the action items designated by the District Smoking Policy Committee:</p> <p>a) Improve signage on campus, ground signage in accordance with new Board Policy 3217.</p> <p>b) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California</p> <p>c) Continue District Smoking Policy Committee</p> <p>d) 3/15/12 District Board Policy 3217 and Administrative Procedures enacted</p> <p>e) 3 grants funded at Foothill College from Santa Clara County Breathe California</p> <p>* \$3,500 for signage and education</p> <p>* \$5,000 for Smoke Cessation Counselor salary and signage and education</p> <p>* \$3,000 for Nicotine Gum and Patches</p>

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		<p>e) Continue Smoke Cessation Program (Fee one-to-one counseling, free nicotine gum/patches)</p> <p>f) Sponsor speakers on smoking addiction</p> <p>g) Host every 2 yrs Smoke Cessation counselor workshops for HSACCC and CYAN.</p> <p>h) Continue Distric-wide Non-Smoking Policy Committee.</p> <p>i) Work with District Wellness Committee and advocate for inclusion of smoke cessation for employees.</p> <p>j) Marketing with LCD in Dining Loung, large banners, T-shirt campaign, website, Fusion and Student Health 101.</p> <p>k) Continue grant with Breathe California for free Nicotine replacement supplies.</p> <p>l) Explore grant for staffing, supplies and signage with Breathe California.</p> <p>m) Post current policy in Fusion, website, Student Handbook and the FH catalogue.</p> <p>n) Apply for grants when available.</p> <p>o) Continue to monitor citations.</p>	
		<p>11/01/2011 - Increase in smoke cessation visits/year</p> <p>2009-10 162 visits</p> <p>2011-12 368 visits</p> <p>Result:</p> <p>Target Met</p> <p>Year This Assessment Occurred:</p> <p>2010-2011</p> <p>Resource Request:</p> <p>Funds for smoke cessation services, supplies, smoke cessation counselor, signage and maps</p> <p>GE/IL-SLO Reflection:</p> <p>1) Institute AB795 with ability to access fines (\$25, \$50, \$75) at FHDA</p> <p>2) Continue District wide Smoking Policy</p>	

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		Committee 3) Continue Smoke Cessation Program on Campus (One-to-one counseling, free Nicotine gum and patches. 4) Next FHDA Smoking Policy Survey, Fall 2013 5) Explore grants with Santa Clara County, Calif Youth Advocacy Network & Breathe California											
	Assessment Method: Survey including smoking policy and enforcement Assessment Method Type: Survey												
SA - Health Services - 2 - Awareness - Students will increase their utilization/census of Foothill College Health Services. Year(s) to be Assessed: 2011-2012 Start Date: 07/01/2010 End Date: 06/30/2011 SA-SLO Status: Active	Assessment Method: Assessment strategy for SAO assessing this year 1) American College Health Survey (ACHA)?National College Health Assessment (NCHA) Survey administered Spring 2010 (every 2 yrs) (95,712 students nationally) 2) FHDA Smoking Survey-Fall 2010 with 7,441 student (including 49 employees) 3) The NexGen electronic medical system will be able to collect data on appointments and services utilized for each program Assessment Method Type: Survey Related Documents: Amer College Health-Nat'l College Health Assessment Survey	10/10/2012 - NexGen EMR records indicate increase in Health Services utilization (includes flu vax) <table><tr><td>2007-08</td><td>2,694</td></tr><tr><td>2008-09</td><td>3,518</td></tr><tr><td>2009-10</td><td>4,624</td></tr><tr><td>2010-11</td><td>5,535</td></tr><tr><td>2011-12</td><td>5,014</td></tr></table> Result: Target Met Year This Assessment Occurred: 2011-2012 Resource Request: Electronic Medical/Census Program for Psychological Services and Health Services. Two computers and mobile stands (Health Services) and a EMR for Psych Services. GE/IL-SLO Reflection: Health Services has slowly increased its census each year.	2007-08	2,694	2008-09	3,518	2009-10	4,624	2010-11	5,535	2011-12	5,014	10/04/2011 - *To establish an electronic medical records and appointment system for Psychological Services. *To provide psychiatric consultation and services to support the staff in Health Services and Psychological Services in the provision of student Mental Health services. 4 hrs (two times per month). *To provide evidence-based practices with a Clinical Psychologist to provide consultant services in the provision of student mental health services. 4 hours (two times per month) *Collaborate to establish a campus wide Behavioral Intervention Team *Establish a system where the phone is answered every time in the Health Services. *Establish Health Service in the CAIR (Calif Immunization Records) system
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			<p>*Re-establish compliance with the Federally mandated (DFSCA) Drug-Free Schools and Communities Act and Campuses Regulations.</p> <p>*Re-establish AB 1088 (Oropeza) Mandatory Orientation: Sexual Violence Prevention: to provide educational/prevention programming on the campus.</p> <p>*Re-establish Health Services Advisory Committee.</p> <p>*To implement Pandemic Education and Prevention strategies to the Foothill College campus and provide H1N1 and seasonal influenza vaccines. Calif Ed Code, Section 76403.</p> <p>*To increase reproductive visits, providing access for students to the SOFP/FAMPACT (State Office of Family Planning) funding and services.</p> <p>To hire a full-time Nurse Practitioner for consistent, professional delivery of quality medical care for students</p>
		<p>10/13/2011 - ACHA-NCHA 2010 statistics revealed: Foothill College (1,102 students) received information on campus concerning: Cold and flu 59.1% Nutrition 36.4% Pregnancy prevention 37.3% Sexually transmitted diseases 40%</p> <p>Health Services statistics revealed: Family Planning Visits 2007=1,348 2008=1,170 2009=1,435</p>	<p>03/19/2012 - Action steps below reflect needed changes on awareness: a) Increase exposure of reproductive health. b) International student utilization needs to be documented in the ACHA separately.</p> <p>10/13/2011 - Formulate a response plan to the NCHA Survey and contact visits results.</p>

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		<p>2010=1,471 General Medicine Visits 2007=1,346 2008=2,348 2009=3,189 2010=4,064</p> <p>FHDA Fall 2011 Smoking Survey revealed: 38% of students reported they know that Health Services at FHDA currently have a tobacco cessation program</p> <p>Result: Target Met Year This Assessment Occurred: 2010-2011 Resource Request: Needed increase personnel, as follows Full time Nurse Practitioner Part-time Psychologist (for supervision) Part-time Psychiatrist (for supervision of clinical services) Network with: ACHA (American College Health Assoc) HSACCC (Health Services Assoc</p>	<p>Key points to address: a) Continue class presentations and orientations b) Continue Student Health 101 Newsletter to all students/staff . c) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week d) Continue Health Screenings (Depression, Suicide, Alcohol and other CPR Saturday, Drugs, Domestic/Relationship Violence & Eating Disorders) e) Sponsor speakers on health and psychological issues f) Establish Health Services Advisory Board g) Work with District Wellness Committee and advocate for employee Health maintenance programs. h) Marketing with LCD in Dining Lounge, large banners, T-shirt campaign, web site, Fusion and Student Health 101 Newsletter, Student handbook, FH catalogue. i) Apply for grants when available. j) Increase census for 2010-11</p>
SA - Health Services - 3 - Pandemic Prevention Program - Students will receive information and influenza vaccines for the Pandemic Education and Prevention Program. Year(s) to be Assessed: 2010-2011	Assessment Method: 1) Continue class orientations, tabling, campus outreach efforts at the Foothill campus. 2) Record the number of Seasonal vaccines given by the Health Services. 3) Record the number of hits on the website	10/01/2012 - 1) Pandemic information presented as follows: Counseling 50 classes Tabling at welcome weeks, Wednesday college hours 2) Fall 2011 Pandemic Youtube for Calif Community	

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2011-2012 SA-SLO Status: Active	for the PEP Talk (Pandemic Education and Prevention) video co-produced by Foothill Health Services and Toucan Ed for the California Community College State Chancellor's Office and the student produced youtube 'Get Healthie'. Assessment Method Type: Data Target: Increase students self awareness of preventative measures and personal responsibility.	Colleges--16,098 hits Flu vaccinations at Foothill College --850 Flu vax Result: Target Met Year This Assessment Occurred: 2011-2012 Resource Request: Flu vaccines and supplies, posters and PR materials	
		10/13/2011 - What were the most important findings from your data? * 914 Seasonal Flu vaccines (2011) 15,006 hits 2011: Youtube Pandemic Education Prevention-- http://www.youtube.com/watch?v=vl0f1bzlhcg 1/11) Result: Target Met Year This Assessment Occurred: 2010-2011 Resource Request: Increase need for adequate vaccines, personnel to administer vaccines, educational materials, handsanitizers and clinical supplies. Need full-time Nurse Practitioner. With the State budget crisis and the loss of access to free vaccines and supplies	03/19/2012 - Steps to be taken to continue action: a) This year, the influenza vaccine matched the pandemic in Santa Clara County. b) Continue influenza vaccine to minimize absenteeism of students/employees related to pandemic influenza. <hr/> 10/13/2011 - The Center for Disease Control predicts several years of health care vigilance is necessary concerning the H1N1/Seasonal flu affecting our high risk college population. Therefore, concerted preventive education and vaccination campaigns will be the focus of college health for several years. 2) Increased expenditures for vaccines and educational materials will be needed. <hr/>

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<p>SA - Health Services - 4 - Planned Parenthood - Students will increase their awareness/census of Planned Parenthood/Mar Monte Services at Foothill College Health Services.</p> <p>Year(s) to be Assessed: 2010-2011 2011-2012</p> <p>SA-SLO Status: Active</p>	<p>Assessment Method: 1) Record the approximate number of class orientations, tabling, campus outreach efforts at the Foothill campus. 2) Record the number and categories of reproductive services offered at Planned Parenthood and Health Services through the NexGen electronic medical system.</p> <p>Assessment Method Type: Survey</p> <p>Target: Increase student awareness of what services are offered.</p>	<p>10/13/2011 - Health Services statistics revealed: Family Planning Visits 2007=1,348 2008=1,170 2009=1,435 2010=1,471 General Medicine Visits 2007=1,346 2008=2,348 2009=3,189 2010=4,064</p> <p>Result: Target Met</p> <p>Year This Assessment Occurred: 2010-2011</p> <p>Resource Request: Full time Nurse Practitioner, Part-time Clinical Psychologist, 3 computers and portable stands, ADA door for Psych Services</p> <p>GE/IL-SLO Reflection: Communication of Planned Parenthood services facilitates student self-care.</p>	<p>03/19/2012 - Action steps for increase in census: a) Institute electronic medical records. b) Reestablish Nurse Practitioner back up staffing at Foothill Health Services.</p> <hr/> <p>10/13/2011 - a) Continue class presentations and orientations b) Continue Student Health 101 Newsletter to all students/staff 2009-10. c) Tabling at Health/ campus fairs: Great American Smoke Out, Environmental fair, Volunteer fair, Club Day, Transfer/Career Fair, Welcome Week d) Continue Health Screenings (HIV testing, Chlamydia) and Health Fairs (Hepatitis B vaccines, Tetanus/diphtheria/Pertussis, Lipid Screening, Optometry, Skin Cancer, HPV vaccines) e) Sponsor speakers on health and psychological issues f) Establish Health Services Advisory Board g) Work with District Wellness Committee and advocate for employee Health maintenance programs</p>

