MENTAL HEALTH AWARENESS MONTH

[Please register in advance]

**MOVIES FOR MENTAL HEALTH**
Connect with yourself and others through films about mental health!

11:30 AM TO 1:30 AM

**QPR TRAINING**
Train to recognize suicidal thoughts & behaviors and be able to refer to professional resources.

12 PM TO 2 PM

**HEALTHY RELATIONSHIPS**
Learn how to build healthy relationships with the people in your life.

12 PM TO 1 PM (ROOM 3533)

**PRIDE IN MENTAL HEALTH**
Learn about mental health issues affecting LGBTQI+ students

12 PM TO 1 PM (ROOM 3533)