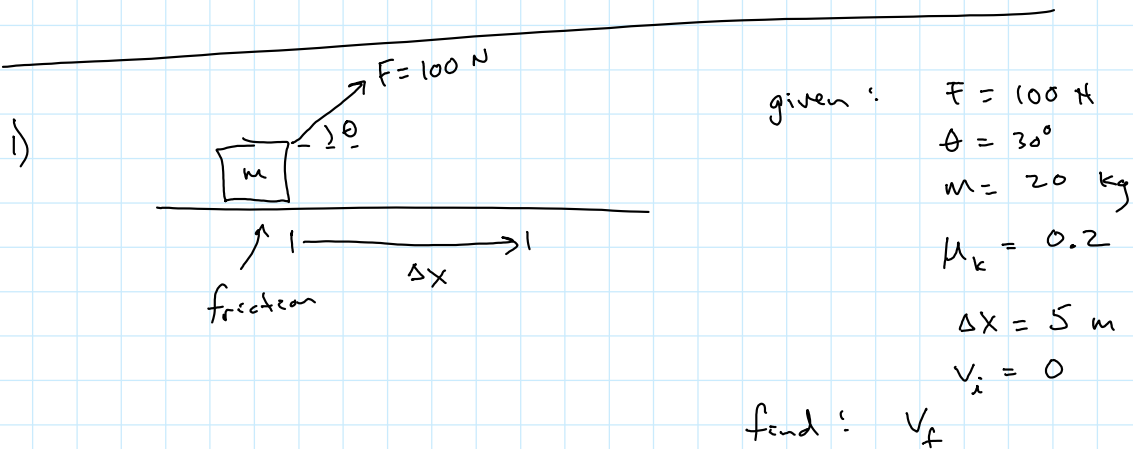


Work - Kinetic Energy Theorem:

$$W_{\text{Net}} = \Delta K$$

$$K = \frac{1}{2} m v^2$$

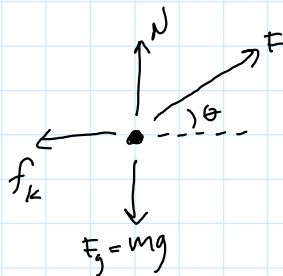


Plan: a) Draw FBD

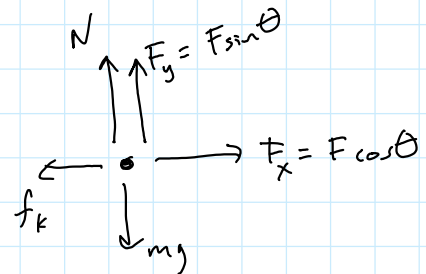
b) find work done on the box
by every force acting on the box


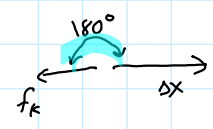
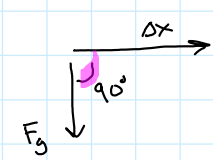
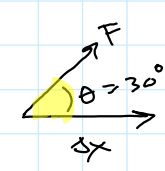
c) Find W_{Net} done on the box

d) Use $W_{\text{Net}} = \Delta K$
to get v_f



OR



Force	work done on box	
N	$W_N = N(\Delta x) \cos 90^\circ = 0$	
f_k	$W_{f_k} = f_k(\Delta x) \cos 180^\circ = -f_k \Delta x$ $= -\mu_k N(\Delta x)$ $= -(0.2)(146)(5)$ $= -146 \text{ J}$	
$F_g = mg$	$W_{F_g} = F_g(\Delta x) \cos 90^\circ = 0$	
F	$W_F = F(\Delta x) \cos 30^\circ$ $= 100(5) \cos 30^\circ$ $= 433 \text{ J}$	

Find N:
 $\Sigma F_{\perp} = 0 \leftarrow a_{\perp} = 0$
 $N + F_y - mg = 0$
 $N = mg - F_y$
 $= mg - F \sin \theta$
 $= 20(9.8) - 100 \sin 30^\circ$
 $= 146 \text{ N}$

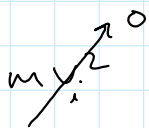
$$W_{\text{Net}} = W_N + W_{f_k} + W_{F_g} + W_F$$

$$= 0 - 146 + 0 + 433$$

$$= 287 \text{ J}$$

$$W_{\text{net}} = \Delta K$$

$$= K_f - K_i$$

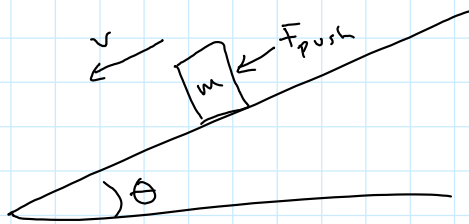
$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$


$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

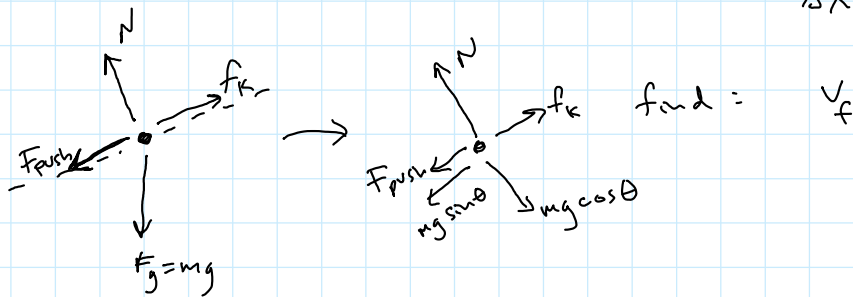
$$287 = \frac{1}{2} (20) v_f^2 - 0$$


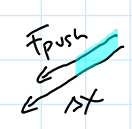
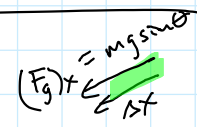
$$v_f = 5.36 \frac{m}{s}$$

2)



given: $v_i = 0$
 $m = 20 \text{ kg}$
 $\theta = 30^\circ$
 $F_{\text{push}} = 40 \text{ N}$
 $\mu_k = 0.12$
 $\Delta x = 5 \text{ m}$



Force	Work done on the box
N	$W_N = N (\Delta x) \cos 90^\circ = 0$ 
F_{push}	$W_{F_{\text{push}}} = F_{\text{push}} (\Delta x) \cos 0^\circ$ $= F_{\text{push}} (\Delta x)$ $= 40 (5)$ $= 200 \text{ J}$ 
F_g	$W_{F_g} = (F_g)_x \Delta x \cos 0^\circ$ OR $(F_g)_x = mg \sin \theta$  <p>OR</p>

W_g

W_g

$(3) \times$

OR

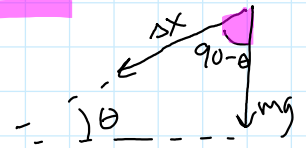
$$F_g (\Delta x) \cos(90 - \theta)$$

$$F_g \Delta x \sin \theta$$

$$= mg \sin \theta (\Delta x)$$

$$= 20(9.8) \sin 30^\circ (5)$$

$$= 490 \text{ J}$$



W_{f_k}

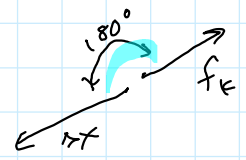
$$W_{f_k} = f_k \Delta x \cos 180^\circ$$

$$= \mu_k N \Delta x \cos 180^\circ$$

$$= \mu_k (mg \cos \theta) \Delta x \cos 180^\circ$$

$$= (0.2)(20)(9.8) \cos 30^\circ (5)(-1)$$

$$= -170 \text{ J}$$



$$W_{\text{Net}} = W_w + W_{F_{\text{push}}} + W_{F_g} + W_{f_k}$$

$$= 0 + 200 + 490 - 170$$

$$= 520 \text{ J}$$

$$W_{\text{Net}} = \Delta K = K_f - K_i$$

$$= \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

starts from rest

$$\Rightarrow 520 = \frac{1}{2} (20) v_f^2$$

$$V_f = 7.21 \frac{\text{m}}{\text{s}}$$