

Dear Thuy,

You made it!

Can you believe it's already the end of the quarter? Congratulations on making it this far. I am proud of you!

College can hold unique challenges. As a First-Gen myself, I remember taking my first set of college finals and not knowing how to study. I thought that if I just finish reading the textbooks and my notes, I would be prepared for the exams. It was only much later that I discovered a study trick: I would try to predict the exam questions that the professors could ask. I wished someone had taught me earlier how to study.

Please know that we are all here to help you succeed.

We have <u>excellent counselors</u>, <u>tutors</u> and <u>learning communities</u> that can support you and provide you with a sense of belonging on campus. We also have <u>financial aid and scholarships</u> available. If you are having issues with registration, you can contact the <u>Admissions Office</u>. <u>Psychological Services</u> also provides counseling, and the <u>Disability Resource Center</u> can help you with any accommodated testing needs, especially for your final exams.

On Monday of Finals Week, I'll be passing out blue books and pencils at 8 am at the César Chávez plaza. Wear your "The First" button and come say hello! If you still need a button, I'll have them available also.

I hope this is just the beginning of your academic journey, and I encourage you to continue your education with us by enrolling in winter classes. Whatever your educational goals, we can help you!

Good luck on your finals and best wishes to you this holiday season! I hope to see you again in January.

Warmly,

Foothill College

Thuy Thi Nguyen President foothill.edu