### Canned Meat
- Tuna fish
- Chicken
- Salmon
- Canned ham
- Spam
- Other canned meat

### Canned Vegetables
- Whole kernel corn
- Cream style corn
- Green beans (any)
- Other canned beans
- Peas
- Carrots
- Sweet Potatoes
- Potatoes
- Other Vegetables

### Canned or Jarred
- Pears
- Peaches
- Applesauce
- Fruit Cocktail
- Soup
- Tomato Sauces
- Pasta Sauces
- Cooking oil
- Salad Dressing
- Baby food/formula
- Peanut Butter
- Jelly
- Beanie Weenie
- Stuffing
- Mashed Potatoes
- Other canned fruits

### Breakfast Items
- Cereal (hot and cold)
- Granola/Breakfast Bar
- Oatmeal
- Poptarts
- Syrup

### Soup/Sauce
- Canned soup
- Dried soup mix
- Gravy jar/can
- Gravy dry mix
- Spaghetti Sauce
- Salad Dressing
- Chili

### Dessert Items
- Cake Mix
- Frosting
- Pudding (ready to eat)
- Jello (ready to eat)
- Pudding dry mix
- Jello dry mix

### Condiments
- Hot Sauce
- Mayonaise
- Mustard
- Ketchup
- Parmesan cheese
- Others

### Species
- Garlic Powder
- Italian Spice mix
- Adobo
- Sason
- Other spices

### Beverages
- Kool Aid mix
- Fruit Juice
- Tea
- Lemonade
- Powdered Milk

### Dry Goods
- Rice (white and brown)
- Noodles
- Rice Mixes
- Coffee
- Beans
- Tea
- Flour
- Corn meal
- Sugar
- Pancake Mix
- Crackers
- Mixed nuts
- Cookie
- Sugar substitutes
- Low/no salt items
- Low/no sugar items

### Pasta
- Macaroni and Cheese
- Dried Pasta
- Ravioli, Spaghettios, etc.
- Other pasta items

### Toiletries
- Shampoo and conditioner
- Diapers
- Feminie Hygiene Products
- Baby Wipes
- Toilet tissue
- Disposable razors
- Kleenex
- Soap
- Toothpaste/Toothbrush
- Deodrant
- Lotion
- Floss
- Chapstick