

MENTAL HEALTH AWARENESS WEEK 2.0

MONDAY • JUNE 15 • 12PM–1PM
AN ENCORE PRESENTATION BY DR. MARCILLE

Learn suggestions from an expert about how to use technology in healthy ways while sheltering at home.

Zoom at: <https://bit.ly/DrMarcille>

TUESDAY • JUNE 16 • 12PM–1:30PM
MOTHERS AGAINST DRUNK DRIVING PANEL

Making healthy decisions about alcohol and drugs. Hear a mother's personal story of loss.

Zoom at: <https://bit.ly/2yoxpjh>

WEDNESDAY • JUNE 17 • 12PM–1:30PM
A TALK ON STRESS & ANXIETY WITH DR. SHANI ROBINS

A training focused on stress and anxiety to help with end of the quarter stressors.

Zoom at: <https://bit.ly/2MLBQbx>

THURSDAY • JUNE 18 • 12PM–2PM
STUDENT PANEL

A virtual mental health panel where you can hear your peers' voices and perspectives surrounding recent events.

Zoom at: <https://bit.ly/StudentMentalHealthPanel>

