



Hello!

Below are this week's Covid updates from Foothill. Remember, you can find the latest information and Covid-related resources from the college on our [Health Services website](#).

For questions, concerns, or more information, contact us at covidquestions@fhda.edu.

-Foothill Health Services Team

On-Campus Verified Covid Cases

From Jan. 23-29, we had **8** reports from Covid-positive students. **In all cases, students were exposed off campus.** This is **0.28%** of our currently enrolled students taking on-campus classes. To report a Covid-positive case, please complete the [Covid-19 Reporting Form](#). This is only for students who regularly visit campus.

Delayed Covid Reporting

Student Health Services relies on students self-reporting their Covid status in order to alert other students of potential exposures. If you are receiving a delayed notification from our team, this may be due to delayed reporting. We ask for your collaboration in encouraging fellow students to access the [Covid-19 Reporting Form](#) as soon as possible.

Free Test Kits for Students Taking In-Person Classes

To receive an antigen test kit, please visit Student Health Services located in **Room 2126** (next to Campus Police), Monday-Friday, 9 a.m.-4 p.m. (closed 1-2 p.m. for lunch).

What's the difference between PCR and Antigen tests?

PCR is the same type of collection (swab/saliva) but placed in a machine that heats and then amplifies the test sample to detect particles of virus RNA. The sensitivity is between 90 to 97% for detecting the Covid-19 virus. PCR may detect Covid-19 for up to 2-3 months after an infection. (Particles of the dead virus RNA will be in cells until new cells grow to replace the lining of nose, mouth, and throat.) This does not mean you're infectious or still have Covid.

Antigen tests check for larger virus proteins and do not amplify by heating. Sensitivity is between 65 to 85%. Antigen tests are best used days 1-6 of active symptoms. Antigen tests may be positive for up to 12 to 14 days. Antigen tests are being used to check the level of infectiousness after day 5. If the test is negative the person is cleared to go back to work or school.

Your Student Voice Matters

Student feedback is important to us. If you are not seeing what you were looking for, [let us know what you would like to see in future Covid-19 Weekly Updates](#).

Thank you,
Foothill College Health Services Team

