

Foothill College NextUp Winter 2026 Calendar

Winter 2026 Commitments

- Meet with the NextUp Student Success Specialist 2 times a month
- Meet with an EOPS Counselor 2 times a quarter
- Submit your Progress Report
- Complete an MRC Check-In (if you are in NextUp and EOPS)

NextUp Staff Contact Information



Melvishia Gaines - Student Success Specialist



(650) 949-7227



gainesmelvishia@fhda.edu



Michelle Tham - Administrative Assistant



(650) 949-7518



thammichelle@fhda.edu

NextUp Workshops



Rose from Concrete Workshop



Wednesday, January 21 2:00 p.m. - 3:30 p.m.

Join this workshop inspired by Tupac's poem, *The Rose That Grew from Concrete*, to reflect on your journey, recognize your resilience, and celebrate who you're becoming



Healthy Relationships Workshop



Wednesday, February 25 2:00 p.m. - 3:30 p.m.

Enjoy hot dogs, popcorn, and candy while watching fun movies clips to discuss if the relationships shown are green or red flags



Money Matters Workshop



In March, day TBD 2:00 p.m. - 3:30 p.m.

Learn essential money management skills, action steps towards holistic financial wellness, and information to empower you to advocate for yourself financially

January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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Campus Closed

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Scheduling at least 2 Counseling Appointments for Winter Quarter is required

Counseling Appointments fill up fast! To schedule a counseling appointment, please ask the EOPS Front Desk, NextUp Staff, or the EOPS Student Connect Virtual Front Desk at <https://foothill.edu/eops/>

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16 Last day to
add 12-week,
quarter-length
classes

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Last day to drop
classes for a full
refund or credit

19


Martin Luther King Jr.
Day
(Campus Closed)

I Have a Dream

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21

*Rose from
Concrete
Workshop
(2:00 - 3:30 p.m.)*

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Last Day for
Book
Reimbursements

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FEBRUARY 2026

Friday

Monday

Tuesday

Wednesday

Thursday

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Progress Report Due

Submit Student Progress Report
View the [EOPS Progress Report Form](#)

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Presidents' Day
(Campus Closed)

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Presidents' Day
(Campus Closed)

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Priority Registration
for Spring '26

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Healthy Relationships
Workshop
(2:00 - 3:30 p.m.)

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Last day to drop with a "W"

Remember to check if you are in good standing with the NextUp Program
Check with the NextUp Student Success Specialist that you have met the NextUp Commitments for Fall Quarter

MARCH 2026

Monday

Tuesday

Wednesday

Thursday

Friday

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March 9 - March 18: Mutual Responsibility Contract (MRC) Status Check

Visit the EOPS Front Desk or connect with a Staff member at [EOPS Student Live Connect](#), our Virtual Front Desk

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Spring '26 Book Voucher Request (subject to change): March 25 - April 17

Contact: Last Name (A-L) Kai Chang Last Name (M-Z) Andrea Lara Galvan

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Final Exams Week (March 23 - March 27)

Last day to request
pass/no pass grade

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