Workshop Descriptions—Session A (10:15-11:45 am)

Keeping Children Healthy While In Child Care—Topics to be addressed include the components of a “Health Policy,” Exclusion Guidelines and Exposure Notices, and Seven Critical Ways to Reduce the Spread of Germs. **Lynn Chamberlin, R.N., B.S.N., Public Health Nurse, Child Care Health Consultant, Room 3106**

Plant A Seed, Grow A Reader: Sowing the Seeds of Learning—Explore how simple nature activities enhance a child’s developmental and pre-reading skills. In this workshop parents, caregivers and educators are invited to explore how simple nature activities enhance a child’s physical, emotional, social and intellectual developmental skills. Together we will plant seeds, experiment with bubbles, and watch videos. Each of these activities will be linked to appropriate children’s story and picture books. There will be an opportunity to share information and ideas about how simple nature activities help children develop pre-reading and pre-math skills, based on standard guidelines for what children need for a successful kindergarten experience. Everyone will leave this workshop with a list of suggested family activities, developmental resource materials, and a bibliography of appropriate books available through most local libraries. **Diane Gordon, Hooked on Nature, Room 3201**

Peninsula Association for the Education of Young Children, What a Great Organization to Be In!--The Peninsula Association for the Education of Young Children is an organization that supports the early childhood field in many ways. We are an affiliate of the NAEYC, and CAEYC. As the PAEYC, we help you as a professional to accomplish your goals of education by offering workshops that will give you CARES hours and we have committees that cover all the fields of interest in the childcare field. **Theresa Stewart, Owner and President, Natural Teaching Curriculum, Inc., Room 3101**

The Role of Parents and Teachers as Effective Educators of Young Children—Parents and teachers play the most important role in the education of young children and need to become active advocates. This workshop brings together the requirements of the educational system with an understanding of child development and strategies for addressing parental concerns and expectations. The workshop addresses the developmental needs of young children with an emphasis on play based multi-sensory experiences, and the need for parents and educators to work together in order to address the needs of children coming from diverse backgrounds. **Ranjana Bhatnagar, Workshop Presenter/Coordinator and Adjunct Faculty, Mission College Child Development Department, Room 3102**

Are You Listening? Promoting Active Communication (and Conflict Resolution) in the Workplace—Participants will examine some causes of conflict in the workplace and consider ways of promoting effective communication among staff. **Nanette Wylde, Instructor, Foothill College, DeAnza College, Mission College and Pacific Oaks College, Room 3206**

Creating a Lens of Expectation: A Closer Look at Infant/Toddler Social Emotional Development and Behavior—From birth, our experiences and relationships create a lens of expectation that alters the way we each perceive the world around us and has a direct effect on our behaviors and interactions. This workshop will take a closer look at this concept and discuss the adults’ role in social emotional development of infants and toddlers. **Chris Carducci, PITC Trainer, Adjunct Faculty, Foothill College Child Development Department, Room 3203**
Workshop Descriptions—Session A (10:15-11:45 am)—Continued

Multicultural Picture Books: A Teacher's Guide to Selecting Literature that is Free of Bias and Stereotypes--Multicultural Picture books are being used more widely by teachers as a classroom tool. In this workshop specific books will be examined for sociocultural misinformation. A list of recommended multicultural books will be shared. Maryam Daha, Adjunct Faculty, Foothill College Child Development Department, Room 3202

NAEYC Accreditation for Programs Serving Young Children-- By building community in the preschool setting, administrators and teachers will enhance our community. Come together to learn about the process of NAEYC accreditation, preparing program and classroom portfolios and preparing for the site assessment visit. Teachers will share their firsthand experiences with these new features and the session will include a panel presentation and question and answer period. Ella Mayon, Owner and Director of Children’s House of Los Altos, NAEYC Accredited and Jeanine Cadden, Teacher, Children’s House, Room 3401

Workshop Descriptions—Session B (1:15-2:45 pm)

Children with Special Needs: How to Strengthen My Role as a Teacher--The workshop will provide information, hands-on activities, and strategies to strengthen a teacher’s understanding about working with children with special needs. Content will address the teacher’s role, resources and curriculum. Gayle Mayekawa, Early Interventionist, Educator and Director, Early Childhood Special Educator and Consultant, Room 3106

Find Out How to Participate in the Santa Clara CARES Stipend Program--Have you heard about Santa Clara CARES and want to learn more? Join us to find out about the CARES stipend program as well as how to be a participant in the program. In this workshop you will learn about the eligibility requirements, where and how to go to obtain a child development permit, and what stipend level you can receive. You will also have an opportunity to ask specific questions regarding your situation as well as set up an appointment to have The Provider Connection, a CARES Partner Agency, come out to your center or family child care to present on CARES. Myra Drouillard, Outreach Coordinator, Provider Connection, a CARES Partner Agency, Room 3204

Involving the Community in Your Classroom Through Music--Broaden the world of your preschool class by introducing children to their community through music. In this workshop, find out how to use music as a medium to teach children about families, community helpers, and far away places. Be ready to ready to get involved in this hands-on, interactive workshop. Janet Kolstad and Chris Burke, Music for Minors, Room 3201

Staff Development: Strategies and Ideas for Staff Meetings--This workshop is designed to help directors/administrators incorporate training and development into their staff meetings. Learn how to “Check in” with staff; finance ideas; show appreciation; team build and problem solve; and get your team excited about large scale events. Julie Kennedy, Director at Bethel Preschool and Kindergarten, Bethel Church of San Jose, Room 3203
Workshop Descriptions—Session B (1:15-2:45 pm)—Continued

Guided Imagery—Following the Road to Self Reliance—This is a fun play-shop that will introduce you to a system called “state dependent memory and learning”. Through the practice of relaxation and guided imagery you will learn to consciously develop the brain pathways that stimulate strength-based learning, increase self-esteem and promote resilience. This workshop is for children of all ages so come prepared to play and learn. Janet Moore, Licensed Clinical Social Worker, VA Palo Alto Healthcare System Specialist in Post Traumatic Stress Disorders and Guided Imagery as an Intervention in Depression and Anxiety, Room 3202

Thinking BIG: Bringing Science, Math and Language to Life With Young Children—Learn how the excitement of large-scale activities can energize your whole curriculum. Use inquiry-based science to integrate math, language, art, drama and movement. Learn innovative techniques to introduce vocabulary words and explore math concepts. Marie Faust Evitt, Teacher (4 & 5 Year Olds), and Tim Dobbins, Assistant Teacher, Mountain View Parent Nursery School, NAEYC Accredited, Room 3206

Building a Strong Parent Teacher Partnership: Involving Parents in your Program—Participants will explore many techniques used to build relationships with parents to strengthen your early childhood program. We will address the many ways to develop collaboration with parents and the community to better meet the needs of the whole family. Claire Koukoutsakis, Adjunct Faculty Foothill College Child Development Department, Teacher/Director Mountain View Parent Nursery School and Betsy Nikolchev, FIRST 5, Even Start, Mountain View-Los Altos Adult School Parent Coordinator, Room 3401

Tales from Earth to Sky: Finding the Joy of Learning Through Stories, Songs and Nature Awareness—In this workshop, based on Wendolyn’s work with her outdoor preschool, Tender Tracks Tails and Trails you will learn new ways to share stories and songs with your young ones, learn the Art and Practice of Playful Nature Awareness Games, and learn how to offer these practices to your young ones! Wendolyn Bird, author of Tales From Earth To Sky For The Young Child (And Those Who Spend Time With Them), a book and CD of nature stories and accompanying songs, Room 3101

Workshop Descriptions—Session C (3:00-4:30 pm)

Diversity Through Children’s Eyes: Using Literature to Promote Understanding—Learn how to choose books for the children in your care that will support their growing awareness, understanding, and appreciation of diversity. Workshop includes hands-on activities for participants, relevant handouts, and booklists. Ruth L. Jones, Instructor/Teacher, Foothill DeAnza Community College District, Room 3201

Education in the Context of Home Child Care—Home child care contributes to the foundation of education by providing early care to the children on a daily basis. Aspects of early care are: understanding children’s needs in early life; providing consistency through setting goals to bring the children to higher level of their potential; and communicating with parents. Mali Chekeni, Director, Thumbling Child Care, Palo Alto, Room 3203

Getting It Together: A Directors Roundtable Discussion—You will want to join fellow ECE directors and supervisors for a lively conversation full of new ideas and validating support. Learn from your colleagues—the professionals who really understand what the work of a being a director is all about. Both seasoned veterans and beginner rookies will leave this discussion with new commitment and
energy to keep going.  Jeanne Thomas, Faculty, Foothill College Child Development Department, Room 3101

Workshop Descriptions—Session C (3:00-4:30 pm)—Continued

The Power of Two: An Introduction to the California Early Childhood Mentor Program—Explanation of the California Early Childhood Mentor Program and the role of mentoring in the profession of teachers and directors. A panel of Mentor Teachers and Directors will share their experiences as mentors. Nanette Wylde, Regional Coordinator/College Coordinator-DeAnza College, California Early Childhood Mentor Teacher Program, Room 3102

The Power of Hands-On Teaching—This fun, informative, and interactive introductory workshop for teachers gives an overview of RAFT and demonstrates the power of hands-on teaching. Teachers will participate in an interactive hands-on learning activity with a focus on science. Resource Area for Teachers, Room 3202

Transforming Our Programs: Inspirations from Reggio Emilia—Join with other early childhood professionals as we examine environments and emergent practices using principles of the Reggio Approach. We will examine environments that reflect our values and beliefs and we will uncover obstacles in moving from themes to emergent, more meaningful, learning experiences. Stephanie Hill, Executive Director, Crescent Park Child Development Center; also presenting are Tanya Stabinsky, Associate Director, Janessa Granillo, Lead Teacher and Jess Harman, Art Specialist, Room 3015

Ask Licensing!—Ever wanted the opportunity to ask Licensing about requirements to be a teacher or director, how to start your own childcare center, or anything that has been puzzling you? Now is your opportunity. Come and learn how Community Care Licensing is there to help you be the best for all the children. Michele Wong, Licensing Program Manager, Community Care Licensing, Room 3204