



Job Title: **Student Wellness Ambassador**
Time Period: February 10 – June 30 2020
Salary: \$15 per hour
FTE: Approximately 16 hours/month (more if needed)
Report to: Psychological Services

DESCRIPTION

The Student Wellness Ambassadors are the representatives, envoys, and messengers of Foothill College Psychological Services and The Ambassador Program. They are the liaisons between the Foothill College student community and the Psychological Services' mental health counseling services. The Student Wellness Ambassadors' goals are to improve mental health literacy among Foothill College students and the larger Foothill college community by promoting mental health services, encouraging help-seeking behaviors, reducing stigma surrounding mental health disorders, and fostering a supportive and inclusive campus culture with regard to mental health problems.

STUDENT WELLNESS AMBASSADOR DESIRED ATTRIBUTES AND ABILITIES

- Work with a diverse group of people
- Work as a team member
- Self-motivated
- Good communication skills
- Leadership
- Flexibility
- Creativity
- Interpersonal skills
- Possess a willingness to serve students
- Be flexible and collaborative
- Some basic knowledge about mental health issues

STUDENT WELLNESS AMBASSADOR RESPONSIBILITIES:

- Commit to 16 hours per month of Student Wellness Ambassador activities (flexibility)
- Commit to meet with Ambassador program staff (every other Monday from 2-3:30-some flexibility)

APPLICATION CRITERIA

- Past leadership experience or interest in leadership experience at Foothill College
- Current Foothill full time student in good academic standing (2.0 GPA or higher)
- 4-6 Student Wellness Ambassadors will be selected
- Selected applicants will be contacted for in-person or online interviews
- Ideally, all applicants must be available every other Monday between 2-3:30 for bi-weekly check-ins. Online check-ins can be arranged as needed

If interested please contact us at ambassadors@fhda.edu or 650.949.7813