

# Counseling

Home > Counseling > Quick Questions Drop-In Sessions

## COUNSELING

### CONNECT WITH A COUNSELOR

- Our Services & Hours
- Make an Appointment
- Counseling Services Survey

### DROP-IN QUICK QUESTIONS

- Counseling Courses
- Faculty & Staff
- Our Mission and Values
- ▶ Probation & Disqualification

### PLANNING RESOURCES

- ▶ Assessment for Placement
- Choosing a Major
- General Education Requirements
- 2023-2024 Transfer GE Guide 
- Transfer Equivalency Guide
- GPA Calculator

## 15-Minute Quick Questions Sessions

For quick help, get in the queue to meet with a counselor during our Quick Question hours. **To get in queue**, call 650.949.7423 or use the FH Counseling Chat feature.

- Your request for help will be placed in the order received.
- You can request to meet with a counselor for **up to 15 minutes** via telephone or Zoom.
- We start our queue **no more than 5-minutes** before the sessions begin.
- **We stop adding students to the queue** 15-minutes before closing time.

Note: All Quick Question dates and times are subject to change.

### Quick Questions Hours

#### Summer Quick Questions:

Monday - Thursday: 8:30 a.m. - 4:45 p.m.

Fridays: **CLOSED**

#### Sunnyvale Quick Question Hour:

**CLOSED** for the Summer 2023 Term

### Apply for Your Degree or Certificate

[Follow Steps to Petition for Graduation](#)

To refer to your degree or certificate requirements by catalog year, view them here:

- [Year 2021-2022 and after >](#)
- [Year 2020-2021 and before >](#)

### Black Lives Matter Student Services Statement

In Student Services, we acknowledge our role in not serving our Black students adequately. Please [read full statement of our commitment](#) to alter our course of action with a quarterly updated public plan.

**BLACK LIVES MATTER ACTION PLAN APRIL 2022 UPDATES**

Student Forms

## GRADUATION

Petition for Graduation

Apply for Your Degree or Certificate

Claim Your Digital Diploma

▶ Commencement Ceremony

## FOR FACULTY & STAFF

Faculty Prioritization 

### F-1 International Counseling Quick Question Hours CLOSED for the Summer 2023 Term.

#### When To See an International Counselor

Appointments must be scheduled specifically with an international counselor for the following reasons:

- I-20 Extension: counselor recommendation & educational plan
- Optional Practical Training (OPT) & educational plan
- Reduced Course Load (less than 12 units)

**Note:** When requesting a reduced course load for medical reasons, you must meet directly with the immigration advisor in the [International Student Office](#), not a counselor.

#### When to Schedule a 30-Minute Appointment Instead

Please keep in mind that **educational plans, academic probation issues, financial aid appeals, excess units request, petition for graduation and transcript evaluations** will require a 30-minute appointment

**We want to ensure** that our counselors can give you the personalized attention and accuracy that you deserve! For those types of topics, we recommend [scheduling a 30-minute appointment](#).



Questions?  
We're Here to Help!  
**Counseling Center**

 650.949.7423

 [fhcounseling@fhda.edu](mailto:fhcounseling@fhda.edu)

 Student Services Building  
8300, Room 8302

**INSTRUCTIONAL DEPARTMENT  
INFORMATION**