



## Thursday Workshops

[Map of Foothill](https://foothill.edu/map/)  (<https://foothill.edu/map/>)



### SESSION 1

9:10 - 10:00 a.m.

“We Have Your Back”: Destigmatizing mental health for communities of color

**Audience:** All

**Presenter:** Alexis Donato

Did you know that when a student has a sense of belonging, it's the greatest predictor of college success? Part of feeling like you belong means we offer services to support the whole student, including mental health. That is why we are working to destigmatize mental health, specifically in communities of color. We are learning about the issue and want to share what we're learning with you. Come learn with us for our workshop entitled: “We Have Your Back”: Destigmatizing mental health for communities of color. During our time together you'll hear from students how mental health stigma has impacted them, learn more about important research connected to mental health stigma among marginalized communities, and consider your own messages around mental health stigma. We'll also let you know of some of our new wellness tools and the best way for you to share these with students. Come brainstorm how to destigmatize mental health and support our students' well-being. Be a part of the solution! Looking forward to seeing you there.

**Room 8403**

Making Connections: How Instructional Faculty and Student Services Work Together to Support Student Success

**Audience:** All

**Presenters:** Chris Chavez & Stephanie Chan

This workshop will address the question of how can instructional faculty and student services work together to help support student success at Foothill. A panel of part-time and full-time faculty will share their experiences working with the Office of Retention Services during the Spring 2022 term and how the software tool Foothill Connect helped them support their students by building relationships and helping students make connections with campus resources.

**Room 8330**

Story Circles and Healing Cards

**Audience:** All

**Presenters:** Tiffany Rideaux & Jennifer Sinclair

## Room 5609

Living through the COVID-19 pandemic has left us all with stories to tell. Sharing our stories in community can be healing. This workshop will draw on the Story Circles and Healing Cards workshop at NCORE 2022 presented by Oregon State University. We will provide participants with a prompt to share a story in small circles and then draw healing cards connected to the stories for your keepsake.

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## Sustainability Action Plan 2022: Action is the Antidote to Despair

**Audience:** All

**Presenters:** Julie Ceballos, Bret Watson, Robert Cormia

## Room 8338

The global climate crisis is one of the greatest ongoing threats to our mental and physical wellness, impacting our community at Foothill College – from local wildfires, less predictable weather, food prices, and anxiety about the future. Foothill representatives on the Energy and Sustainability Committee (ESAC) have been working with De Anza and FHDA District teams to develop a 2022 Sustainability Action Plan. SAP 2022, a 10-15-year plan, will provide ways for more intentional efforts to mitigate effects of climate change through energy and resource use, while improving environmental stewardship, social equity, and financial responsibility. Join the conversation about how we can build community and engage in activities across campus to create a thriving culture based on principles of sustainability. Let's nurture this culture together.

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## Tips to make your life easier in Canvas!

**Audience:** Faculty teaching online

**Link to the workshop content:** [https://docs.google.com/document/d/1\\_2urPnC06Eqd6mU7Vi1K7DwzMgG0V4wL-IdTsaxApoY/edit?usp=sharing](https://docs.google.com/document/d/1_2urPnC06Eqd6mU7Vi1K7DwzMgG0V4wL-IdTsaxApoY/edit?usp=sharing)

**Presenter:** Amy Shidler

## Room 3504 (Library Computer Lab)

Have you ever deleted a Canvas page or assignment and wondered if all was lost? Have you ever wished you could revert a Canvas page to a prior version? We'll show you how you can recover your work along with some other tips to make your life easier such as:

- adding an image to your course card
- setting up your grade scheme and gradebook to make syncing your grades a seamless process
- copying and sharing content to Canvas courses and with colleagues
- recovering accidentally deleted material
- messaging students

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## Taking Action Toward Financial Power

**Audience:** All

**Presenters:** Kevin Herral, Karima Karim, Tereza Kopcilova

## Room 1501 (Appreciation Hall)

Financial Literacy is a lifelong journey that is often not talked about. So, join us to learn about the importance of promoting financial literacy, especially within communities of color. In our workshop, you will learn how we are addressing the issue and will be given the chance to share your suggestions. We want to hear your ideas for how we can share financial literacy tips with more students across the college. Join us for our financial literacy workshop!



# SESSION 2

10:10 - 11:00 a.m.

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## Vision to Action: Updates on Foothill College's Strategic Vision for Equity Plan

**Audience:** All

**Presenter:** Ajani M. Byrd, Dean of Institutional Equity, Diversity and Inclusion, Adrienne Hypolite, Equity Supervisor, Carolyn Holcroft, Faculty Professional Development Coordinator, Liz Leiserson, Senior Research Analyst

**Room 1501**

(Appreciation Hall)

The Office of Equity will present Phase II of the Strategic Vision for Equity plan. Utilizing a decentralized engagement approach and framed by the five principles identified within the Collective Impact Model (i.e., common agenda, shared measurements, mutually reinforcing activities, continuous communication and backbone support), the Office of Equity has created 13-55 Implementation Teams to ensure all 13 issues and 55 goals identified within SVE are addressed across the entire campus and at all levels of the institution. Come learn how you can be involved in your division/department's Implementation Team.

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## Is your online class as good as (or better than?) your in-person class?

**Audience:** Faculty teaching with Canvas

**Presenter:** Sally Baldwin & Lené Whitley-Putz,

**Room 3504**

(Library Computer Lab)

Almost all Foothill students take online courses at some point in their educational experience on our campus. Designing online learning requires a different set of skills than delivering face-to-face instruction. In this workshop, we'll introduce you to the Peer Online Course Review (POCR) program, exploring how this immersive and supportive experience will help you build the online course of your dreams. In POCR, you'll learn techniques for designing a course that is visually appealing and accessible, while also exploring how to engage students through course design.

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## Puente and Family Engagement Institute - The Start of a Multigenerational Collaboration for First Gen Student Success

**Audience:** All

**Presenters:** Betsy Nikolchev, Administrator Office of Equity / FEI; Pauline Brown, Supervisor FEI; Carmen Ponce, Dir Family & Community Engagement, FEI; Betsy Nikolchev, Executive Director, FEI; Pedro Ruiz, Puente Student Club President, Inter, FEI; Fatai Heimuli, Program Assistant, FEI.

**Room 8401**

College-going identity belongs not only to students but to their families and communities. Puente and FEI launch a partnership of connection and belonging. Puente students share their college stories with FEI noncredit students and their high school children. Families gain a deeper understanding of college; the inspiration that college is for me, my children; and a stronger connection to the Foothill College pipeline. Puente student panelists practice public speaking, reflect on their journey of courage, celebrate their hard work, and give back to their community through their motivational college-going stories.

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## Anti-Intimidation in Classroom Assessment: Freire's "Mining" Model

**Audience:** All

**Presenter:** Patrick Morriss

In Paulo Freire's "banking" model of education -- dominant in higher education -- teachers impart knowledge, and, through assessment, verify that students have acquired it. Freire spent a career critiquing this model as intimidating,

ineffective, inequitable, and ultimately inhumane.

Freire based his alternative "mining" model on the belief that students carry curricular knowledge within themselves. A teacher's role becomes creating an experience that allows students to realize our curriculum within themselves, thus coming to a sense of wholeness and empowerment.

In this session, participants will experience mathematics assessment under a mining model and discover that they already know this stuff.

## Room 5001

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### Using StoryMaps in Project-Based Learning Across the Campus

**Audience:** Faculty

**Presenters:** Allison Meezan, Ron Herman, Alexis Aguilar

## Room 8338

Project-based learning and multimedia presentations are major tools to infuse equity-based assessments into classes. The StoryMap tool is available to all students and faculty at Foothill and allows students to demonstrate learning through multiple modes, collaborate on projects and integrate spatial data into digital presentations. StoryMaps allows students to demonstrate their learning through photos, videos, and written work in an easy-to-use digital platform. This panel discussion will introduce the StoryMap tool and highlight different ways it is used in summative assessments and as a teaching tool in online courses in Photography, Geography, and Geospatial Technology at Foothill College.

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### Meditating in Community: A Reflection on the Past Two Years

**Audience:** All

**Presenters:** Tiffany Rideaux, Hilda Fernandez, Allison Herman, Benjamin Armerding

## Room 5609

Meditation is one form of mindfulness, which helps us reconnect to our communal life force, the breath. This workshop will focus on the presenters' personal experiences meeting weekly by Zoom for meditation practice. We'll engage in a community meditation and presenters will share their individual journeys to a regular meditation practice. We will also discuss resources in the Foothill Meditation Canvas shell, which you can use to build your own practice and/or integrate mindfulness into your workspace.

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### Collaboration & Community: The Melding of Student Services & Faculty Insights, Understandings, Tensions & Areas of Overlap / Collaboration

**Audience:** All

**Presenters:** Ché Meneses & Janie Garcia

## Room 8330

This collaborative and community-oriented dialogue between Classified and Instruction identifies and utilizes strategies to establish, nurture and maintain dynamic, authentic campus relationships with and among students, staff, administration, and faculty by leveraging collegiality and professional humanity to identify, each person's strengths, passions, anxieties, hopes, dreams, and goals. Utilizing 'fishbowl-based' passive participation, along with active audience activities, our session explores techniques and strategies empowering all campus colleagues to show up authentically along with validating, appreciating, and understanding one another. This interactive discussion identifies the power of structural and cultural change by how knowing each community member at Foothill College prefers to be acknowledged for their value, humanness, and work contributions and then making this a regular practice of habit.

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## (Re)-Launching Foothill Global Experiential Learning (a.k.a. Foothill Study Abroad, formerly Foothill Campus Abroad)

**Audience:** All

**Presenters:** Kathryn Maurer, Anthropology Instructor and Faculty Coordinator, Foothill Global Experiential Learning | Ajani Byrd, Dean, Institutional Equity, Diversity and Inclusion (housing Foothill Global Experiential Learning) | Brian Evans, Economics Instructor and Coordinator of the Guatemala Teacher Corps Program | Sam Connell, Anthropology Instructor, Honors Co-Coordinator, and Director of the Anthropology Field School Programs

**Room 8403**

Come to this session to help formulate a collective vision for Foothill Global Experiential Learning, an emerging office with a charge of reviving Foothill Campus Abroad and supporting faculty-led study abroad programs and experiential learning opportunities for FHDA students and the broader community. Participants will learn about different types of study abroad opportunities some Foothill faculty offer every summer, and others that are on the horizon for Spring and Fall 2023. Collectively, we will pool our experience and strategies for proposing, developing and supporting new study abroad and experiential learning opportunities.



### SESSION 3

**11:10 a.m. - Noon**

## Vision to Action: Updates on Foothill College's Strategic Vision for Equity Plan

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**(Appreciation Hall)**

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## Post Pandemic?

**Audience:** Anyone using Canvas

**Presenters:** The Online Learning Team

**Room 3504**

**(Library Computer Lab)**

Technology is constantly changing, and the technology we use to reach our students is no exception. In this workshop, we'll review the changes to Canvas over the past year, look to the future to see what's in store for Canvas this academic year, and take a quick peek at new features within our Canvas ecosystem, including Simple Syllabus, Hypothesis, and tools to help with accessibility.

We'll also explore the support Online Learning will offer you this year, including more access to faculty mentors, more workshops, and more one-to-one support for course design.

# Laughter and Beyond - Applied Improv Skills for Mindfulness, Mental Health, and Wellness

**Room 8002**

**Audience:** Limited to the first 40 participants due to planned activities

**Presenter:** Jeff Kramer

Not everyone wants to be an improv comedian - but anyone can benefit from the skills of improv. This fully interactive, fun, non-performance-based workshop, will include improv-based exercises and reflections to give participants a hearty, connective dose of laughter-infused interaction.



## SESSION 4

**1:30 - 3:30 p.m.**

### Ensuring Learning Meeting

**Audience:** All

**Presenters:** Ram Subramaniam, Stephanie Chan & Kerri Ryer

During this session, we will discuss where our campus is with regard to Student Learning Outcomes. We will also be introducing the concept of Ensuring Learning and invite you to join us in a discussion on the following ideas:

- What is your definition of learning?
- What does learning look like in your courses? What sort of instruction leads to learning?
- How do you know when learning happens?
- What measures have you taken, or would you like to take, when learning is not happening?

**Room 2201**

**(Dining Hall)**

## PHOTO SESSIONS

**11:00 a.m. - 5:00 p.m. in 2020 Toyon**

11:00 a.m. - 2:00 p.m. Unit, Department and/or Division Group Photos

2:00 - 4:30 p.m. Individual Photos

4:30 - 5:00 p.m. Group or Individual Photos



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