

MAJOR DECISION GUIDE

The purpose of this guide is to help you decide on a major. Fill in the blanks and it will take you step-by-step through the decision-making process.

AWARENESS -> EXPLORATION -> CRYSTALIZATION -> CHOICE -> CLARIFICATION

AWARENESS:

_____ 1. I have started to focus attention on the need to choose a major by

EXPLORATION: Self-appraisal: Identification of skills, interests, values:

_____ 1. My best personal qualities are:

_____ 2. The courses in which I usually receive my best grades are:

_____ 3. My favorite academic subjects are:

4. The qualities about me that my friends like are:

5. The extracurricular activities in which I excel are:

6. The outside interests I find most enjoyable are:

7. The highest accomplishment in my life so far is:

What makes it so special is:

8. My strengths are primarily in the

_____ Math/science area

_____ Humanities/social science area

9. My interests are primarily in the

_____ Math/science area

_____ Humanities/social science area

_____ 10. A college degree means

_____ 11. My limitations are

_____ 12. When I have some free time, I

_____ 13. The main reason I'm in this college is

EXPLORATION: Investigation of possible major choices.

_____ 1. I have used the college catalog to research major, course descriptions, and requirements.

_____ 2. I visited a counselor to discuss majors in which I may be interested. My counselor helped me generate a list of questions I want to ask others.

_____ 3. I visited a faculty member from departments that interest me to ask pertinent questions.

_____ 4. I sat in on courses in prospective majors.

_____ 5. I visited the bookstore to peruse books that are required for possible majors.

EXPLORATION: Investigation of careers related to possible major choices.

_____ 1. I visited the Career/Transfer Center and have identified the following services they offer that might be helpful to me:

_____ EUREKA (computer program)

_____ Workshops

_____ Career Library

_____ College Catalogs

CRYSTALAZATION:

_____ 1. I can now rule out the following majors that I had previously considered:

_____ 2. I have identified the following majors that seem interesting to me:

_____ 3. I visited a counselor who helped me focus on realistic alternatives based on my skills, interests, and values and by analyzing my academic record.

CHOICE:

_____ I decided on a major. It is: _____

CLARIFICATION:

_____ 1. I have begun to feel the consequences of my choice.

_____ 2. I have visited my counselor to create a quarter-by-quarter ed plan.

_____ 3. I discussed other educational opportunities with my counselor, such as:

_____ Summer school

_____ Study Abroad opportunities

_____ Internships
